

# 2025 Limpopo Schools Program

## Program & Race Schedule

### Friday

|       |       |                                         |                       |
|-------|-------|-----------------------------------------|-----------------------|
| 16:00 | 17:00 | Number collections (TEAM MANAGERS ONLY) | Late Entries Excepted |
|-------|-------|-----------------------------------------|-----------------------|

### Saturday

|       |       |                                         |                       |
|-------|-------|-----------------------------------------|-----------------------|
| 06:45 | 07:45 | Number collections (TEAM MANAGERS ONLY) | Late Entries Excepted |
|-------|-------|-----------------------------------------|-----------------------|

|       |       |                                             |                        |
|-------|-------|---------------------------------------------|------------------------|
| 06:45 | 07:45 | Official Practise When course declared open | Medics must be on site |
|-------|-------|---------------------------------------------|------------------------|

|       |       |                                    |  |
|-------|-------|------------------------------------|--|
| 07:30 | 07:45 | Team Managers Meeting (Compulsory) |  |
|-------|-------|------------------------------------|--|

|  |  |               |  |
|--|--|---------------|--|
|  |  | Race Schedule |  |
|--|--|---------------|--|

| Start | End | Cat  | Category Name    | Laps | No. Range | Color |  | Birth Year | Age |
|-------|-----|------|------------------|------|-----------|-------|--|------------|-----|
| 08:00 |     | SNIP | Sub Nipper Boys  | 2    |           |       |  | 2019       | 6   |
| 08:02 |     | SNIP | Sub Nipper Girls | 2    |           |       |  | 2018       | 7   |
|       |     |      |                  |      |           |       |  | 2017       | 8   |
| 08:30 |     | NIP  | Nipper Boys      | 3    |           |       |  | 2016       | 9   |
| 08:32 |     | NIP  | Nipper Girls     | 2    |           |       |  | 2015       | 10  |
| 09:00 |     | SPG  | Sprog Boys       | 4    |           |       |  | 2014       | 11  |
| 09:02 |     | SPG  | Sprog Girls      | 3    |           |       |  | 2013       | 12  |

|       |  |  |                           |
|-------|--|--|---------------------------|
| 09:50 |  |  | Switch over to LONG Track |
|-------|--|--|---------------------------|

|       |  |      |                     |   |  |  |  |            |          |
|-------|--|------|---------------------|---|--|--|--|------------|----------|
| 10:00 |  | JNR  | Junior Girls        | 4 |  |  |  | 08 '07 '06 | 17/18/19 |
| 10:02 |  | YTH  | Youth Girls         | 3 |  |  |  | 2010/2009  | 15 / 16  |
| 10:04 |  | SJNR | Sub Junior Girls HS | 2 |  |  |  | 2011       | 14       |
| 10:04 |  | SJNR | Sub Junior Girls PS | 2 |  |  |  | 2012       | 13       |

|       |  |  |                                               |
|-------|--|--|-----------------------------------------------|
| 10:10 |  |  | Prize Giving - Sub Nippers / Nippers / Sprogs |
|-------|--|--|-----------------------------------------------|

|       |  |      |                    |   |  |  |  |            |          |
|-------|--|------|--------------------|---|--|--|--|------------|----------|
| 11:15 |  | SJNR | Sub Junior Boys HS | 3 |  |  |  | 2011       | 14       |
| 11:15 |  | SJNR | Sun Junior Boys PS | 3 |  |  |  | 2012       | 13       |
| 12:15 |  | YTH  | Youth Boys         | 4 |  |  |  | 2010/2009  | 15 / 16  |
| 13:15 |  | JNR  | Junior Boys        | 5 |  |  |  | 08 '07 '06 | 17/18/19 |

|       |  |  |                                                   |  |  |  |
|-------|--|--|---------------------------------------------------|--|--|--|
| 14:45 |  |  | Team Managers Short FUN Race (Managers / Parents) |  |  |  |
|-------|--|--|---------------------------------------------------|--|--|--|

|       |  |  |                                 |
|-------|--|--|---------------------------------|
| 15:00 |  |  | Prize giving - SJNR / YTH / JNR |
|-------|--|--|---------------------------------|

Start Times & Laps are subject to change.